

Prof. Ian Rowland graduated with a BSc (Hons, First Class) and PhD in microbiology from University College London. Prior to joining the University of Reading in 2007 as the Hugh Sinclair Professor of Human Nutrition, he was head of nutrition at the University of Ulster and Director of the Northern Ireland Centre for Food and Health. Currently, he is Editor in Chief of the European Journal of Nutrition. His main research area is the interaction of diet, gut microbiota and health with a particular focus on the metabolism of phytochemicals and impact on health. In 2005 he was awarded an honorary doctorate from the University of Gent in Belgium for his work on nutrition and cancer. He has published over 400 papers and is on the Thompson-Reuters List of Most Highly Cited Researchers 2016.

