

ABOUT THE TASK FORCE

In the past, research focused mainly on the health effects of major classes of dietary fatty acids (i.e. polyunsaturated fatty acid, monounsaturated fatty acid, saturated fatty acid (SFA), and trans fatty acid). However, today more and more research puts the spotlight on the health effects of individual fatty acids within these classes, including specific SFA. The task force will investigate the relevance of intake of qualitative fats versus quantitative intakes.



WHAT'S NEW?

NEW TASK FORCE

proposal has been reviewed by ILSI Europe's Scientific Advisory Committee and external reviewers and accepted by ILSI Europe's Board of Directors. The task force now has support from 5 member companies, and is now ready to launch its first activity in 2017.

MEMBER COMPANIES

- Cargill
- Danone
- FrieslandCampina
- Nestlé
- Unilever

This task force was newly established in August 2016 and welcomes new members to join its activity and invites new members to think about important follow-up activities.

ACTIVITY

Update on Health Effects of Different Dietary Saturated Fats

Recent data are challenging the old dogma that intake of specific classes of fats must be limited. This new task force aims to collect and review recent scientific publications on the effects of the intake of saturated fatty acid (SFA) on human health, both when they occur as part of food or as individual fatty acids.

The first activity of this task force will evaluate the rationale

of current fat dietary recommendations. Ultimately, this would provide an evidence-based perspective on future trends for health / risk benefits associated with fats in food sources and in individual fats. This output will be used to improve food quality and this will pave the way forward for future strategies in food policies and the food processing chain in Europe.

All information on this task force are available on our website: www.ilsieurope.eu.

For more information on ILSI Europe's activities, don't forget to follow us on Twitter @ILSI_Europe and connect with us on LinkedIn.

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