

## ABOUT THE TASK FORCE

Assessing the exposure of individuals to the many different substances in food (whether they are intentionally or non-intentionally added), is a key component of any risk-benefit assessment for ensuring safe and beneficial food for the consumer. The Dietary Intake and Exposure Task Force reviews, evaluates and develops methods to estimate intake of energy, nutrients, food ingredients such as food additives, chemical contaminants, flavours, and other substances in the diet. By developing more realistic intake and exposure scenarios of what Europeans eat, the task force aims to improve the estimates of dietary intake and contribute to more relevant nutrition and health recommendations as well as safety assessments.



## WHAT'S NEW?

**NEW PUBLICATION** on 'Recording of Fluid, Beverage and Water Intake at Population Level in Europe' in the British Journal of Nutrition.

**NEW ACTIVITY PROPOSAL** on 'Additive Occurrence and Consumer Loyalty' is being developed.

**SCIENTIFIC SESSION** on 'Methodologies for Food and Fluid Intake Assessment – Where Do We Stand Today and What Will the Future Bring?' at FENS, on 22 October 2015 in Berlin.

**GUIDEA** is a practical online guide for conducting intake and exposure assessments.

## ACTIVITIES

### Evaluation of New Methods for Dietary Intake Assessment

Many new tools and applications are being developed to assess the diets of individuals and for research aims, such as mobile phone applications, wearable devices, digital cameras, sensors, etc. However these technologies for diet assessment vary widely in terms of sources and quality of data. This expert group is conducting a critical up-to-date

evaluation on the uses, limitations and applicability of these new tools, also taking into account their implementation in research and suitability for use with different populations and food categories. This project will provide guidelines and criteria for developers that will lead to an improved quality of dietary intake assessment tools.

### Identifying Practical Ways of Determining Uncertainties in Food Intake Assessments

This activity describes and classifies the uncertainties present in various food intake and dietary exposure assessments to support more accurate methodologies. Based on the feedback received from a stakeholder workshop in February 2014, it was decided to prepare two publications. In the first manuscript, the uncertainties relating to dietary exposure analysis were

mapped in a tiered approach. This article was downloaded or viewed about 900 times in the first three months after its publication (94% downloads from the public sector), with a total of 3,808 views since it became available online. The second manuscript focuses on the practical application, graphical representation and communication of uncertainties and is in the submission phase.

# Dietary Intake and Exposure Task Force

## MEMBER COMPANIES

- Ajinomoto
- Danone
- DSM
- Firmenich
- Givaudan International
- Nestlé
- PepsiCo International
- The Coca-Cola Company
- Ülker Bisküvi

## ACTIVITIES

### **GUIDEA – GUIDance for Dietary intake Exposure Assessment** – *Completed*



The task force has developed a web-based database ([www.ilsiguidea.org](http://www.ilsiguidea.org)) which is a centralised and comprehensive platform for sharing information and discussing approaches on the exposure assessment of individuals to substances in foods, such as migrants from food additives, nutrients, packaging and pesticides.

The goal of this practical online guide is to encourage harmonisation of practices for determining assessments, leading to better health recommendations. ILSI Europe has recently offered GUIDEA to other ILSI branches to develop it further as part of an international knowledge network.

## RECENT PUBLICATIONS

J. Gandy, L. Le Bellego, J. König, A. Piekarz, G. Tavoularis and D. Tennant. **Recording of Fluid, Beverage and Water Intake at Population Level in Europe.** *British Journal of Nutrition* 2016;116:677-682.

S. Kettler, M. Kennedy, C. McNamara, R. Oberdörfer, C. O'Mahony, J. Schnabel, B. Smith, C. Sprong, R. Faludi and D. Tennant. **Assessing and Reporting Uncertainties in Dietary Exposure Analysis – Mapping of Uncertainties in a Tiered Approach.** *Food and Chemical Toxicology* 2015;82:79-95.

J. Howlett, N. Buck, M. Buck, J.H.M. de Vries, V. Ehrlich, M. Hove, A.G. Kruizinga, P.R. Jasti, B. Smith and D. Tennant. **GUIDEA – Guidance for Dietary Intake and Exposure Assessment – A New Resource for Exposure Assessment Professionals.** *Food and Nutrition Sciences* 2013;4:315-320.

**All publications available on our website: [www.ilsieurope.eu](http://www.ilsieurope.eu). For more information on ILSI Europe's activities, don't forget to follow us on Twitter @ILSI\_Europe and connect with us on LinkedIn.**

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